



RULES

The matches will take place at an outdoor pitch, one with ordinary grass and one with fake grass. It is recommended that the players use football shoes and leg chins.

Normal football rules will apply except from offside (throw in's on the "long side" and "ball in hand" or corners on the "short end"). However, as the tournament is part of a social event, fair play is highly valued. Consequently, rough play (rough tackling's, hard physical contact, etc.) is not allowed. If so, the referee will use yellow, orange or red card.

Each team may have up to 8 players (7 + goalkeeper) on the pitch. At least 3 of the players must always be female.

Playing time is 15 minutes without a break, the final is 2x10 minutes. In each group all teams play against all the other teams during the group stage.

The winner of a match gets 3 points and the looser gets 0 points. If it is a draw, each team gets 1 point.

Winner of the group is the team who has:

- 1. Most points
- 2. Best score difference
- 3. Scored most goals
- 4. Drawing lots

Two best teams from each group along with the two best threes in the group stage will participate in the playoff.

If matches in the playoffs end in a draw, the winner will be determined in penalty kicks. 5 players (2 must be women) of both teams will shoot one penalty kick each. If it is still a draw, one player from each team will shoot until a winner has been determined.

LIST OF AWARDS:

Top goal scorer Best goalkeeper Best female player Best male player Fair play award 3rd prize 2nd prize 1st prize

FAIR PLAY DEFINES THE SPIRIT OF SPORT AND CREATES TRUE CHAMPIONS.