

# CODE OF CONDUCT

**Welcome to the OFI CUP**, one of our most anticipated and beloved events! We are thrilled to see so many football enthusiasts from every corner of OFI coming together in Sweden to celebrate this fun game!

Our goal is to create an event that shows the competitive spirit synonymous with OFI, while at the same time enjoying the company of old and new friends. We envision a gathering filled with joy, camaraderie, and the thrill of victory, as well as the acceptance of defeat.

How can you contribute to make this the best weekend ever?

It's simple! Familiarize yourself with the Guiding Principles, Golden Rules and the Sanction cards and ensure your conduct reflects these values throughout the competition.

## FAIR PLAY DEFINES THE SPIRIT OF SPORT AND CREATES TRUE CHAMPIONS.

The principles are clear and simple. They can mean the difference between a successful, celebratory event and one ending in injury and a long recovery. These principles are likely to be familiar, as they come from our daily values and guiding principles.

**Let's make this event one that is centered on caring competitiveness! Dare to Care!**



## Guiding Principles

### Respect

Fair Play requires unconditional respect for opponents, fellow players, referees and everybody else involved.

### Team Spirit

We can be strong on our own, but we are much stronger in a team.

### Tolerance

The willingness to accept behaviour or decisions you may not agree with develops your self-control.

### Fair Play

Triumph must be measured by absolute fair means, honesty and just play.

### Integrity

Being honest and having strong moral principles are essential to fair play.

### Care

Champions care for others as they know they were cared for to get where they are.

## Golden Rules

Do

- Make sure you are in good shape before the competition
- Warm up before the match. Stay hydrated to prevent muscle cramps
- Be aware of the difference in strength between you and the other players
- Play fairly and respect everyone on the field
- Communicate with your team mates and beware of your surroundings
- Cheer - don't Boo

Don't

- Use any kind of aggressive physical behavior, like tackling or high kicks
- Be disrespectful towards anyone on the field
- Get engaged in close contact with others
- Disregard the referee's calls
- Play if you feel pain and/or feel unwell
- Stretch your body's physical capabilities
- Boo

## Sanction cards



**Yellow card - Warning!** - (low severity)- such as:  
 - Obstruction  
 - Minor unsportsmanlike conduct  
 - Non-severe fouls



**Orange card** - (medium severity) - such as:  
 - Repeated infringements after a warning.  
 - Severe unsportsmanlike conduct  
 - Serious foul that is not violent or dangerous

**Consequence** - Player will be sent off the field 5 min  
 - No substitute player to replace this player



**Red Card - Out for the rest of the match!** - (high severity) - such as:  
 - Violence  
 - Severe and dangerous fouls  
 - Repeated occurrence of the above behaviour

**Consequence** - Player will be taken out from the match.